

CURRICULUM VITAE

G. ALEXA MCCABE, Ph.D.

• POSTDOCTORAL FELLOW •

COGNITIVE AND BEHAVIORAL INSTITUTE OF ALBUQUERQUE

• 1 SAN RAFAEL AVE NE • ALBUQUERQUE, NM 87122 •

505-832-1600 • AM@COGOTHERAPY.COM

EDUCATION

- 2023** **Doctoral of Philosophy, Clinical Psychology**
University of Kentucky, Lexington, KY
Advisor: Thomas Widiger, Ph.D.
Dissertation: “*Self-Monitoring and the DSM-5 Section III Alternative Model of Personality Disorder*”
- 2016** **Master of Science, Social and Personality Psychology**
Oakland University, Rochester, MI
Advisor: Virgil Zeigler-Hill, Ph.D.
Thesis: “*Do You Make Me as Happy as You Make Yourself? The Associations between Narcissism and Romantic Relationship Functioning*”
- 2013** **Bachelor of Arts, Psychology**
Dominican University, River Forest, IL
Distinctions: Cum Laude

PREDOCTORAL CLINICAL EXPERIENCE

- Fall, 2022 – Summer 2023** **Predoctoral Intern**
Counseling and Psychological Services, University of Cincinnati, Cincinnati, OH
Responsibilities: Provide short-term biweekly individual therapy to undergraduate and graduate students. Co-facilitate weekly process groups. Consult with an interdisciplinary team regarding clinical issues and referrals. Provide single-session Rapid Access Consultation appointments for students seeking mental health support. Engage in weekly individual supervision as well as group supervision and seminar meetings. Participate in outreach events and attend staff meetings.
Supervisors: José Francisco Avilés-Acosta, Psy.D., Keysha Alston, LPCC-S
- Fall, 2021 – Summer 2022** **Assistant Director**
Jesse G. Harris Center, University of Kentucky, Lexington, KY
Responsibilities: Lead daily operation of community mental health clinic in conjunction with faculty director. Manage team of graduate student clinicians in administration of mental health services. Manage ongoing projects. Identify and implement strategies to improve efficiency. Conduct clinical intake interviews for

individuals seeking mental health treatment. Engage in individual and group supervision.

Supervisor: David Susman, Ph.D.

**Fall, 2021 –
Summer 2022**

Practicum Clinician

University of Kentucky Counseling Center, Kentucky, Lexington, KY

Responsibilities: Conduct virtual clinical intake interviews and treatment sessions for undergraduate and graduate students seeking assistance for a range of difficulties including anxiety, mood, trauma, body dysmorphia, and relationship concerns. Co-facilitate weekly group treatment for individuals managing interpersonal difficulties. Engage in weekly group and individual supervision meetings, practicum seminars for clinical training, and both treatment modality and case presentations.

Supervisors: Megan Marks, Ph.D., Amanda Bloom, Ph.D., Walter Malone, Ph.D., Alex Forsythe, Ph.D.

**Fall, 2020 –
Summer 2021**

Assessment Coordinator

Jesse G. Harris Center, University of Kentucky, Lexington, KY

Responsibilities: Collaborate in the creation of tele-assessment procedures, train and supervise graduate students providing diagnostic and neuropsychological assessment for individuals ages 8-65, create remote versions of assessment material, screen potential assessment clients and assign assessment cases to current therapists.

Supervise graduate student therapists as they perform assessment activities. Conduct phone screeners and virtual intake interviews with potential therapy clients. Engage in individual and group supervision.

Supervisors: David Susman, Ph.D., Michelle Martel, Ph.D.

**Fall, 2019 –
Present**

Assessment Trainee

Jesse G. Harris Center, University of Kentucky, Lexington, KY

Responsibilities: Conduct psychological assessments for psychopathology, IQ, learning disabilities, and ADHD, writing psychological assessment reports, providing assessment feedback to clients.

Supervisors: Michelle Martel, Ph.D.

**Fall, 2018 –
Present**

Graduate Student Therapist

Jesse G. Harris Center, University of Kentucky, Lexington, KY

Responsibilities: Conduct empirically supported therapies for anxiety disorders, OCD, PTSD, and problems with relationships, self-esteem, and gender identity with members of the community. Being on call for after-hours mental health emergencies, writing clinical progress notes, participating in weekly individual and/or group supervision.

Supervisors: Mary Beth McGavran, Ph.D., Heather Risk, Psy.D., David Susman, Ph.D.

**Fall, 2018 –
Present**

Firefighter Pre-Employment Assessment Trainee

Jesse G. Harris Center, University of Kentucky, Lexington, KY

Responsibilities: Assisted Licensed clinician in conducting pre-employment psychological assessments of two firefighter candidates for the Lexington Fire Department. Write integrated reports of findings from clinical interview, the MMPI-2

Revised Personnel System – Firefighter/Paramedics Adjustment Rating Report, the Hilson Safety/Security Risk Inventory, and the Paulhus Deception Scales.
Supervisors: Aaron Godlaski, Ph.D., Christal Badour, Ph.D., Mary Beth McGavran, Ph.D., David Susman, Ph.D., Michelle Martell, Ph.D., Lindey Jasinski, Ph.D.

**Fall, 2019 –
Spring, 2020**

Assessment Practicum

Veteran Affairs Medical Center, Lexington, KY

Responsibilities: Conducted psychological assessments for the purposes of diagnosis and treatment clarification. Case evaluations, clinical interviewing, test administration, scoring, and writing clinical reports, providing assessment feedback to veterans. Attend individual supervision weekly.

Supervisor: Keli Blankenship, Psy.D.

**Spring, 2019
Spring, 2021**

Student Assessment Administrator

The Lexington School, Lexington, KY

Responsibilities: WJ-IV administration, scoring, and writing clinical reports for students within the Lexington School Learning Center.

Supervisors: Mary Beth McGavran, Ph.D., Jane Childers, M.Ed., ICALP

**Fall, 2018 –
Spring, 2019**

Happy Healthy Kids Group Leader

Jesse G. Harris Center, University of Kentucky, Lexington, KY

Responsibilities: Program development and co-facilitated weekly 90-minute training group for children experiencing emotional and behavioral difficulties. Attend group supervision weekly.

Supervisor: Mary Beth McGavran, Ph.D.

Fall, 2018

American Red Cross Stress Management and Effective Communication Workshop Co-Leader

American Red Cross, Lexington, KY

Title: Co-Leader of the Red Cross Stress Management and Effective Communication Workshop

Responsibilities: Co-facilitated two 1-hour group training workshops for employees of the Red Cross Wheels Program.

Supervisor: David Susman, Ph.D.

Spring, 2018

Personality Assessment Practicum

University of Kentucky, Lexington, KY

Responsibilities: Administered the MMPI-2-RF, PAI and the NEO PI-3. Case evaluations, clinical interviewing, test administration, scoring, and writing clinical reports for clinical inpatients and nonclinical undergraduates.

Supervisor: David T. R. Berry, Ph.D.

Fall, 2017

Intelligence Assessment Practicum

University of Kentucky, Lexington, KY

Responsibilities: Administered the WAIS-IV and the WISC-V. Case evaluations, clinical interviewing, test administration, scoring, and writing clinical reports for clinical inpatients and nonclinical undergraduates.

Supervisor: Gregory T. Smith, Ph.D.

PUBLICATIONS

- McCabe, G. A.**, Smith, M., & Widiger, T. A. (in press). Psychopathy and antisocial personality disorder in the fifth edition of the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders: An attempted replication of Wygant et al. (2016). *Personality Disorders: Theory, Research, and Treatment*.
- Widiger, T. A., Tyrer, P., **McCabe, G. A.**, & Kim, Y. (in press). The ICD-11 and DSM-5 Alternative Model of Personality Disorder. In A. Tasman, M. B. Riba, & R. D. Alacrón (Eds.), *Tasman's psychiatry*. New York, NY: Springer.
- Smith, M. M., **McCabe, G. A.**, & Widiger, T. A. (2023). Experimental manipulation of the BFI-2, IPIP-NEO-120, and IPC-5. *Assessment*, *30*, 1543-1556.
- Widiger, T. A., Oltmanns, J. R., **McCabe, G. A.** & Smith, M. (2023). An integration of normal and abnormal personality structure: The five-factor model. In T. A. Widiger (Ed.) *The Oxford Handbook of Personality Disorders, 2nd edition*. Oxford University Press.
- McCabe, G. A.**, Oltmanns, J. R., & Widiger, T. A. (2022). The general factors of personality disorder, psychopathology, and personality. *Journal of Personality Disorders*, *36*, 129-156.
- McCabe, G. A.**, Oltmanns, J. R., & Widiger, T. A. (2021). Criterion A Scales: Convergent, discriminant, and structural relationships. *Assessment*, *28*, 813-828.
- Vrabel, J. K., Zeigler-Hill, V., Sauls, D., & **McCabe, G. A.** (2021). Narcissism and respect in romantic relationships. *Self and Identity*, *20*, 216-234.
- McCabe, G. A.** & Widiger, T. A. (2020). Discriminant validity of the alternative model of personality disorder. *Psychological Assessment*, *32*, 1158-1171.
- McCabe, G. A.** & Widiger, T. A. (2020). A comprehensive comparison of the DSM-5 Section III and ICD-11 personality disorder models. *Psychological Assessment*, *32*, 72-84.
- Widiger, T. A. & **McCabe, G. A.** (2020). The alternative model of personality disorders (AMPD) from the perspective of the five-factor model. *Psychopathology*, *53*, 149-156.
- Widiger, T. A., Oltmanns, J. R., **McCabe, G. A.** & Smith, M. (2020). The HEXACO model of personality structure: Compelling objections. *European Journal of Personality Disorders*, *34*, 558-559.
- Widiger, T. A. & **McCabe, G. A.** (2020). Personality in clinical psychology. In P. J. Corr & G. Matthews (Eds.), *The Cambridge handbook of personality psychology* (pp. 451-462). Cambridge University Press.
- McCabe, G.A.** (2020). The actor-partner interdependence model. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York, NY: Springer.

- Zeigler-Hill, V., Vrabel, J. K., **McCabe, G. A.**, Cosby, C., Traeder, C., Hobbs, K., & Southard, A. C. (2019). Narcissism and the pursuit of status. *Journal of Personality, 87*, 310-327.
- Zeigler-Hill, V. & **McCabe, G. A.** (2019). An evolutionary perspective on the role of status in close relationships. In C. R. Agnew & J. J. Harman (Eds.), *Power in Close Relationships* (pp. 9-27). Cambridge University Press.
- Vrabel, J. K., Zeigler-Hill, V., **McCabe, G. A.**, & Baker, A. D. (2019). Pathological personality traits and immoral tendencies. *Personality and Individual Differences, 140*, 82-89.
- Widiger, T. A., & **McCabe, G. A.** (2018). The five factor model is a competing theory of borderline personality disorder: Commentary on Gunderson et al. *Journal of Personality Disorders, 32*, 181–184.
- Zeigler-Hill, V., **McCabe, G. A.**, Vrabel, J. K., Raby, C. M., & Cronin, S. (2018). The narcissistic pursuit of status. In A. D. Hermann, A. B. Brunell, & J. D. Foster (Eds.), *The handbook of trait narcissism: Key advances, research methods, and controversies*. New York, NY: Springer.
- Southard, A. C., Zeigler-Hill, V., Vrabel, J. K., & **McCabe, G. A.** (2018). Narcissism and self-esteem. In A. D. Hermann, A. B. Brunell, & J. D. Foster (Eds.), *The handbook of trait narcissism: Key advances, research methods, and controversies*. New York, NY: Springer.
- McCabe, G. A.**, Vrabel, J. K., & Zeigler-Hill, V. (2017). The connections between pathological personality traits and interpersonal behavior. *Psychological Topics, 26*, 163-178.
- McCabe, G. A.**, Vrabel, J. K., & Zeigler-Hill, V. (2016). Pathological personality traits: The darker aspects of personality. In J. Williams (Ed.), *Psychopathology: Symptoms, challenges, and current concepts* (pp. 29-57). Hauppauge, NY: Nova.
- Zeigler-Hill, V., **McCabe, G. A.**, & Vrabel, J. K. (2016). The dark side of humor: DSM-5 pathological personality traits and humor styles. *Europe's Journal of Psychology, 12*, 363-376.
- Pollock, N. C., **McCabe, G. A.**, Southard, A. C., & Zeigler-Hill, V. (2016). Pathological personality traits and emotion regulation difficulties. *Personality and Individual Differences, 95*, 168-177.
- Holden, C. J., Roof, C. H., **McCabe, G.**, & Zeigler-Hill, V. (2015). Detached and antagonistic: Pathological personality features and mate retention behaviors. *Personality and Individual Differences, 83*, 77-84.
- Holub, A., Zeigler-Hill, V., Southard, A. C., Ewing, D., & **McCabe, G. A.** (2015). Shining light on the darker aspects of personality. In N. Columbus (Ed.), *Advances in Psychology Research*. Hauppauge, NY: Nova.

CONFERENCE PRESENTATIONS

- McCabe, G. A.** & Widiger, T. A. (2018, September). AMPD Discriminant Validity. Poster presented at Society for Research in Psychopathology's Thirty-Seventh Annual Convention, Indianapolis, IN.
- McCabe, G. A.** & Widiger, T. A. (2018, March). DSM-5 Section III Criterion A Deficits and the Five-Factor Model. Poster presented at Society of Personality Assessment's Seventy-Fifth Annual Convention, Washington D.C.
- McCabe, G. A.**, Vrabel, J., Southard, A. C., Traeder, C., Cosby, C., & Zeigler-Hill, V. (2017, April). We can't *both* be happy: Pathological personality features and the interdependencies of relationship functioning. Poster presented at Midwestern Psychological Association's Eighty-Ninth Annual Convention, Chicago, IL.
- McCabe G. A.**, Southard, A. C., Trombly, D., Raby, C., & Zeigler-Hill, V. (2017, April). Putting the "I" in relationship: Narcissistic and the interdependencies of influence strategies in romantic dyads. Poster presented at Midwestern Psychological Association's Eighty-Ninth Annual Convention, Chicago, IL.
- Vrabel, J. K., **McCabe, G. A.**, Cronin, S., Raby, C., Baker, A., & Zeigler-Hill (2017, April). Pathological personality traits and morality. Poster presented at Midwestern Psychological Association's Eighty-Ninth Annual Convention, Chicago, IL.
- McCabe, G. A.**, Vrabel, J., & Zeigler-Hill, V. (2017, January). *Pathological Personality Traits and Aspects of Self-Esteem*. Poster presented at the meeting of Society for Personality and Social Psychology, San Antonio, TX.
- Vrabel, J. K., **McCabe, G.A.**, & Zeigler-Hill, V. (2017, January). *Virtue-Based Contingent Self-Esteem and Moral Foundations: Exploring the Connections Between Feelings of Self-Worth and Morality*. Poster presented at the meeting of Society for Personality and Social Psychology, San Antonio, TX.
- Zeigler-Hill, V. & **McCabe, G. A.** (2017, January). The connections that narcissistic admiration and narcissistic rivalry have with social behavior. Paper session presented at the meeting of Society for Personality and Social Psychology, San Antonio, TX.
- McCabe, G. A.**, Baker, A., & Zeigler-Hill, V. (2016, May). *Pathological features and self-conscious emotions*. Poster presented at Midwestern Psychological Association's Eighty-Eighth Annual Meeting, Chicago, IL.
- Southard, A. C., **McCabe, G. A.**, & Zeigler-Hill, V. (2016, May). *Spitefulness and mate retention: How spiteful people keep what's theirs*. Poster presented at Midwestern Psychological Association's Eighty-Eighth Annual Meeting, Chicago, IL.
- Vrabel, J. K., **McCabe, G.**, & Zeigler-Hill, V. (2016, May). *Virtue contingent self-esteem and daily immoral behaviors*. Poster presented at the Association for Psychological Sciences' Twenty-Eighth Annual Convention, Chicago, IL.

- Baker, A., **McCabe, G. A.**, & Zeigler-Hill, V. (2016, May). *Emotion dysregulation and mate retention*. Poster presented at the Association for Psychological Sciences' Twenty-Eighth Annual Convention, Chicago, IL.
- Pollock, N. C., **McCabe, G.**, & Zeigler-Hill, V. (2015, May). *Do Pathological Personality Traits Moderate Reactions to Daily Events?* Paper session presented at Midwestern Psychological Association's Eighty-Seventh Annual Meeting, Chicago, IL.
- Ewing, T. D., **Holden, C. J.**, **McCabe, G.A.**, & Zeigler-Hill, V. (2015, February). *Using the MMPI-2-RF to gain a better understanding of the Dark Triad*. Poster session presented at Society for Personality and Social Psychology's Sixteenth Annual Meeting, Long Beach, CA.
- Nofar, N., **McCabe, G. A.**, Holub, A. M., Pollock, N. C., & Zeigler-Hill, V. (2015, July). *Does self-esteem instability moderate associations between self-esteem level and sociosexual orientation?* Poster presented at the meeting of the International Society for the Study of Individual Differences, London, ON.

TEACHING EXPERIENCE

- Fall, 2021** **Senior Internship in Psychology**, Invited Guest Lecturer
 "Assessment and Diagnosis"
 Department of Psychology, University of Kentucky
- Senior Internship in Psychology (Psychology 499)**, Invited Guest Lecturer
 "Pursuing an Advanced Degree: Advice and Insight from Current Graduate Students"
 Department of Psychology, University of Kentucky
- Spring, 2021** **Personality and Individual Differences**, Teaching Assistant (1 section)
 Department of Psychology, University of Kentucky
 Supervisor: Taylor Elsey, Ph.D.
- Senior Internship in Psychology (Psychology 499)**, Invited Guest Lecturer
 "Pursuing an Advanced Degree: Advice and Insight from Current Graduate Students"
 Department of Psychology, University of Kentucky
- Winter, 2020/1** **Personality and Individual Differences**, Primary Instructor (1 section)
Intersession Department of Psychology, University of Kentucky
- Fall, 2020** **Personality and Individual Differences**, Primary Instructor (1 section)
 Department of Psychology, University of Kentucky
- Summer, 2020** **Experimental Psychology**, Primary Instructor (1 section)
 Department of Psychology, University of Kentucky
- Spring, 2020** **Personality and Individual Differences**, Teaching Assistant (1 section)
 Department of Psychology, University of Kentucky
 Supervisor: Ray Archer, Ph.D.

- Fall, 2019** **Learning and Cognition**, Teaching Assistant (1 section)
Department of Psychology, University of Kentucky
Supervisor: Kristina Pattison, Ph.D.
- Spring, 2019** **Experimental Psychology**, Teaching Assistant (1 section)
Department of Psychology, University of Kentucky
Supervisor: Kristina Pattison, Ph.D.
- Personality and Individual Differences**, Teaching Assistant (1 section)
Department of Psychology, University of Kentucky
Supervisor: Ray Archer, Ph.D.
- Senior Internship in Psychology (Psychology 499)**, Invited Guest Lecturer
“Pursuing an Advanced Degree: Advice and Insight from Current Graduate Students”
Department of Psychology, University of Kentucky
- Fall, 2018** **Experimental Psychology**, Teaching Assistant (1 section)
Department of Psychology, University of Kentucky
Supervisor: Kristina Pattison, Ph.D.
- Summer, 2016** **Introductory Psychology**, Invited Guest Lecturer
“Psychological Therapies”
Department of Psychology, Oakland University
- Fall, 2016** **Developmental Psychology**, Invited Guest Lecturer
“Physical and Cognitive Development in Adolescence”
Department of Psychology, Oakland University

ASSESSMENT AND RESEARCH SKILLS

Psychological Assessment

Adult ADHD Self-Report Scale (ASRS)
Adult Behavioral Checklist (ABCL)
Barkley Adult ADHD Rating Scale-IV (BAARS-IV)
Beck Anxiety Inventory (BAI)
Beck Depression Inventory-II (BDI-II)
Counseling Center Assessment of Psychological Symptoms (CCAPS)
Connors' Adult ADHD Rating Scales (CAARS)
Clinician-Administered PTSD Scale (CAPS-5)
Detailed Assessment of Posttraumatic Stress (DAPS)
Diagnostic Interview for Anxiety, Mood, OCD & Related Neuropsychiatric Disorders (DIAMOND)
Eating Disorder Inventory – 3
Eating Inventory
Hilson Safety/Security Risk Inventory
Integrated Visual and Auditory Continuous Performance Task-2 (IVA-2)

Letter Memory Test (LMT)
 Minnesota Multiphasic Personality Assessment-2 - Revised Form (MMPI-2-RF)
 MMPI-2 Revised Personnel System – Firefighter/Paramedics Adjustment Rating Report
 Monterio Interview Guidelines for Diagnosing the Autism Spectrum, Second Edition (MIGDAS-2)
 Montreal Cognitive Assessment (MoCA), versions 8.1 - 8.3
 Nelson-Denny Reading Test
 NEO Personality Inventory - Revised (NEO PI-R)
 Outcome Questionnaire (OQ)
 Overeating Questionnaire (OQ)
 Paulhus Deception Scales
 Personality Assessment Inventory (PAI)
 PTSD Checklist for DSM-5 (PCL-5)
 Structured Clinical Interview for DSM-5 - Clinician Version (SCID-5-CV)
 Structured Clinical Interview for DSM-5 - Personality Disorders (SCID-5-PD)
 Structured Clinical Interview for DSM-5 - Screening Personality Questionnaire (SCID-5-SPQ)
 Structured Inventory of Malingered Symptomology (SIMS)
 Trauma Symptom Inventory-2 (TSI-2)
 Wechsler Adult Intelligence Scale, Fourth Edition (WAIS-IV)
 Wechsler Intelligence Scale for Children, Fourth Edition (WISC-IV)
 Wechsler Individual Achievement Test, Fourth Edition (WIAT-4)
 Woodcock-Johnson Test of Achievement, Fourth Edition (WJ-IV)
 Yale-Brown Obsessive Compulsive Scale (Y-BOCS)

DOCTORAL FELLOWSHIPS

Fall, 2017 – Spring, 2020	Lyman T. Johnson Diversity Fellowship, University of Kentucky Funded \$7,500 for Fall and Spring semesters by University of Kentucky
Spring, 2018	Department of Psychology Fellowship, University of Kentucky Funded \$7,500 for 2018 Spring semester by University of Kentucky

PROFESSIONAL SERVICE

Ad-Hoc Reviewer for:

Assessment
Journal of Personality Assessment
Personality and Social Psychology Review
Self and Identity
Psychiatry Research
Personality Disorders: Theory, Research, and Treatment
Journal of Research in Personality

ADDITIONAL TRAINING AND EXPERIENCE

Fall, 2013 –	Teaching Assistant
---------------------	---------------------------

- Spring, 2014** Prosser High School, Special Education Department, Chicago, IL
Supervisor: Elizabeth Lopez
- Fall, 2012 –
Spring, 2013** **Research Assistant**
Walk with Therese NFP, River Forest, IL
Director: Samantha Satterthwaite
Supervisor: Carlissa Hughes, Ph.D.
- Fall, 2011 –
Spring, 2012** **Volunteer Assistant Educational Coordinator**
Outreach Program for At-Risk Youth, St. Catherine – St. Lucy
Elementary School, Oak Park, IL
Supervisor: Mary Jackson

PROFESSIONAL MEMBERSHIP

Midwestern Psychological Association, Student Member
 Association for Psychological Sciences, Student Member
 The Society for Industrial and Organizational Psychology, Student Member
 Society for Consulting Psychology, Student Member

PROFESSIONAL REFERENCES

José Francisco Avilés-Acosta, Psy.D.
 Staff Psychologist
 University of Cincinnati
 Counseling & Psychological Services

Keysha Alston, LPCC-S
 Staff Psychologist
 University of Cincinnati
 Counseling & Psychological Services

Megan Marks, Ph.D
 Staff Psychologist
 University of Kentucky
 Counseling Center

Joel Goodrich, Psy.D.
 Staff Psychologist
 University of Kentucky
 Counseling Center

David Susman, Ph.D.
 Director of the Jesse G. Harris,
 Jr. Psychological Services Center
 University of Kentucky