

DUYEN B. VO, PH.D.

Postdoctoral Fellow| Cognitive Behavioral Institute of Albuquerque
One San Rafael Ave NE, Albuquerque, NM 87122 | 505-823-1600 | dv@cogtherapy.com

EDUCATION

Idaho State University, Pocatello, ID Ph.D. in Psychology <i>Dissertation: "An Examination of Dissociation, Past PTSD, and Physical Health as Predictors of Current PTSD in Women In Prison"</i> <i>Thesis: "Predictors of Post-Release PTSD, Somatization, and Physical Health Status: Community Resource Access and Recent Partner Violence"</i>	8/2011-5/2016
Southern Connecticut State University, New Haven, CT MA in Psychology <i>Thesis: "Kinesthetic Cues and Trauma Memory: An Investigative Study"</i>	Graduated 2008
University of Connecticut, Storrs, CT B.A. in Psychology	Graduated 2005
Boston College, Chestnut Hill, MA Major: Psychology	Transferred 2003

PREDOCTORAL INTERNSHIP EXPERIENCE

Predoctoral Internship - Orlando Veterans Administration Medical Center Internship Joint Rotation - Orlando VAMC Domiciliary/Intensive Outpatient & Military Sexual Trauma	7/2014-7/2015
<i>Populations</i> Adult VA patients	4/2015-7/2015
<i>Primary Responsibilities</i> Assessment Initial individual evaluation, suicide risk assessment, and psychodiagnostic assessment Diagnosis, treatment planning and implementation, and referral SIMS, M-FAST, CAPS-5, SCID-I, SCID-II, MMPI-2, WAIS-IV, WRAT-4, MoCA	
Individual therapy CPT for PTSD secondary to combat, military & childhood sexual trauma Exposure therapy for panic disorder and specific phobia DBT and assertiveness training for PTSD stabilization-phase treatment STAIR for PTSD stabilization-phase treatment Seeking Safety - adapted for individual stabilization-phase treatment	
Group therapy Women's Trauma Recovery Group - facilitated Men's Trauma Recovery Group - facilitated Contingency Management - facilitated Psychoeducation on the Biological & Psychological Aspects of Drug Use - facilitated CBT Coping Skills - facilitated DBT for Borderline Personality and Substance Use Disorders - developed & facilitated	
Internship Rotation - Orlando VAMC Military Sexual Trauma <i>Populations</i> Adult VA patients	12/2014-3/2015
<i>Primary responsibilities</i> Assessment Initial individual evaluation, suicide risk assessment, and psychodiagnostic assessment Diagnosis, treatment planning and implementation, and referral CAPS-5, SCID-I, SCID-II, MINI, MMPI-2, PAI, WAIS-IV, WMS-IV, WRAT-4, RBANS, CVLT-II, RCFT	
Individual therapy CPT for PTSD secondary to military sexual trauma/childhood sexual trauma CBT, mindfulness, and behavioral activation for depression CBT and mindfulness for anxiety	

DBT and assertiveness training for PTSD stabilization-phase treatment
 Group therapy
 Women's Trauma Recovery Group (2) - facilitated
 Men's Trauma Recovery Group (1) - co-facilitated
 CPT Alumni - co-facilitated 2 sessions
 Forgiveness Group for PTSD integration-phase treatment (developed)

Internship Rotation - Orlando VAMC Community-Based Outpatient Clinic in Clermont 7/2014-11/2014

Populations

Adult VA patients

Primary Responsibilities

Assessment

Initial individual evaluation, suicide risk assessment, and psychodiagnostic assessment
 Diagnosis, treatment planning, and implementation
 CAPS-5, SCID-I, SCID-II, MINI, MMPI-2, PAI, WAIS-IV, WMS-IV

Individual therapy

CPT for PTSD secondary to combat
 CBT for chronic pain
 CBT for panic disorder
 CBT, ACT, and behavioral activation for depression
 Mindfulness for anxiety
 Problem-Solving Training

Group therapy

Relationships Group (1) - developed and facilitated
 Mindfulness for Anxiety and Depression Group (2) - facilitated
 Anger Management (2) - facilitated

CLINICAL PRACTICA & EXTERNSHIP

ISU Clinical Research – Dr. Shannon Lynch’s laboratory

9/2011-6/2014

Populations

Incarcerated women in jail and prison
 Childhood physical & sexual abuse, adulthood interpersonal violence, serious
 mental illness (including PTSD)

Primary responsibilities

Training research assistants to administer SCID-I, CAPS-5 & psychosocial history
 Interviewing incarcerated women for data collection
 Data entry

Clinical Externship – Psychological Assessment Specialists

5/2012-6/2014

Populations

Children and adolescents (primary)
 Adults and older adults (secondary)

Primary responsibilities

Test administration, scoring, and interpretation
 Attention Deficit Hyperactivity Disorder Assessments
 Learning Disorder Assessments
 Intellectual Disability Assessments
 Autism Spectrum Disorder Assessments
 Neuropsychological Assessments

Secondary responsibilities

Family therapy
 Parent-Child Interaction Therapy
 Psychosocial Rehabilitation
 Progress notes writing

Community Practicum – Pocatello Family Medicine

8/2013-12/2013

Populations

Primary care adult patients

Primary responsibilities

Psychodiagnostic evaluation
 Individual Therapy
 Psychoeducation, support, stress management
 CPT for PT,

CBT for bipolar, depression, pain management, and somatization
 Report and progress notes writing

Community Practicum – State Hospital South

8/2012-5/2013

Populations

Inpatient adults
 Posttraumatic Stress, Bipolar, Major Depressive, Psychotic, & Personality Disorders

Primary responsibilities

Psychological evaluation
 Crisis intervention
 Case consultation
 Individual therapy
 CBT for depression, pain management, stress management
 Psychoeducation, wellness recovery action plan, MI, mindfulness
 Group therapy
 Seeking Safety, Grief and Loss, and Stress Management
 Report and progress notes writing

Secondary responsibilities

Neuropsychological and Intellectual Assessments

ISU Clinic Practicum – Anxiety Disorders

8/2012-5/2013

Populations

Adults with anxiety and depressive disorders

Primary responsibilities

Psychological evaluation
 Individual Therapy
 CBT for depression
 Transdiagnostic Unified Protocol for anxiety and depression
 Report and progress notes writing

Secondary responsibilities

Law Enforcement/ISU Public Safety Evaluation

Community Practicum – Psychological Assessment Specialists

5/2012-8/2012

Populations

Children and adolescents (primary)
 Adults and older adults (secondary)

Primary responsibilities

Test administration and scoring
 Attention Deficit Hyperactivity Disorder assessment
 Learning Disorder assessment
 Developmental Disorder assessment
 Neuropsychological assessment

Secondary responsibilities

Parent-Child Interaction Therapy
 Progress notes writing

ISU Clinic Practicum – Mood Disorders

5/2012-8/2012

Populations

Adults with mood disorders

Primary responsibilities

Psychological evaluation
 DBT
 Report and progress notes writing

Secondary responsibilities

Psychoeducational assessments

ISU Clinic Practicum – Internalizing Disorders

1/2012-8/2012

Populations

Children and families
 Anxiety disorders

Primary responsibilities

Psychological evaluation
 CBT for depression

Report and progress notes writing

ISU Clinic Practicum – Externalizing Disorders

1/2012-5/2012

Populations

Children and families
Disruptive and Oppositional Defiant Disorders

Primary responsibilities

Psychological evaluation
Parent-Child Interaction Therapy
Report and progress notes writing

RELATED CLINICAL EXPERIENCE

Asian Family Services, Hartford, CT

8/2005-7/2007

Populations

Southeast Asian immigrants and refugees; survivors of war – adults and families
Mood disorders, anxiety disorders (including PTSD), psychotic disorders

Primary responsibilities

Individual and family psychotherapy
Integrative holistic treatment approach
Interpersonal Therapy
Intake, assessment, treatment plans, quarterly reviews, progress notes,
care coordination, treatment monitoring, transfer/discharge

Asian Family Services, Hartford, CT

11/2003-8/2005

Populations

Southeast Asian immigrants and refugees; survivors of war – adults and families
Mood disorders, anxiety disorders (including PTSD), psychotic disorders

Primary responsibilities

Interpreting/translating in clinical sessions between clients and
clinicians/psychiatrists
Case management

Secondary responsibilities

Outreach and advocacy

Hartford ARC, Hartford, CT

5/2003-11/2003

Populations

Adults with intellectual disability

Primary responsibilities

Job Coach - Supervised participants in vocational training
Implemented and tracked behavioral protocols

5/2008-9/2008

TEACHING EXPERIENCE

Valencia College, Orlando, FL

9/2015-5/2016

Adjunct Instructor of Psychology

4 sections of PSY 2012 General Psychology
1 section of DEP2004 Developmental Psychology

Idaho State University, Pocatello, ID

1/2012-5/2012

Graduate Instructor

1 section of PS301 Abnormal Psychology (online)

Sacred Heart University, Fairfield, CT

9/2008-5/2010

Adjunct Instructor of Psychology

4 sections of PS110 Introduction to Psychology
2 sections of PS273 Adolescent Development
2 sections of PS301 Non-Experimental Research
2 sections of PS252 Child Development

Quinnipiac University, Hamden, CT

9/2009-5/2011

Adjunct Instructor of Psychology

5 sections of PS101 Introduction to Psychology

1 section of PS236 Child and Adolescent Development

Goodwin College, East Hartford, CT

Adjunct Instructor of Psychology

1 section of PS120 Organizational Behavior

6 sections of PS212 Lifespan Development

9/2009-5/2011

University of Bridgeport, Bridgeport, CT

Adjunct Instructor of Psychology

3 sections of PS202 Adolescent Development

1 section of PS101 Introduction to Psychology

11/2009-5/2010

Sacred Heart University, Fairfield, CT

Teaching Assistant

9/2007-5/2008

Southern Connecticut State University, New Haven, CT

Teaching Assistant

9/2007-5/2008

PUBLICATIONS

Vo, D.B., Lynch, S.M., DeHart, D.D., Belknap, J., Green, B.L., & Cole, T. (in preparation). Lifetime PTSD as a mediator of the association between trauma exposure and current MDD among incarcerated women.

INVITED TALKS

Vo, D.B., Lynch, S.M., DeHart, D.D., Belknap, J., & Green, B.L. (2013, March). Posttraumatic stress disorder, interpersonal violence, and physical health among women offenders with current major depressive disorder. In S.M. Lynch (Chair), *Incarcerated Women: Prediction of Depression and Treatment Access*. Symposium conducted at the meeting of Association for Women in Psychology conference, Salt Lake City, UT.

Vo, D.B., & Lynch, S.M. (2012, July). Polyvictimization, PTSD, somatization, and health status. In S.M. Lynch (Chair), *Mental Health, treatment needs, and help-seeking in incarcerated women*. Symposium conducted at the meeting of Intermountain Mental Health Court Conference, Logan, UT.

PAPER PRESENTATIONS

Vo, D.B. (2013, March). Posttraumatic stress disorder, interpersonal violence, and physical health among women offenders with current major depressive disorder. Paper presented at the meeting of Idaho State University Research Forum, Pocatello, ID.

Vo, D.B. (2012, February). Predictors of post-release PTSD, somatization, and physical health status: Community resource access and recent partner violence. Paper presented at the meeting of Idaho State University Research Forum, Pocatello, ID.

Vo, D.B. (2008, March). Kinesthetic Cues and Trauma Memory: An Investigative Study. Paper presented at the meeting of Refugees, Forced Migration & Mental Health Recovery from Trauma and the De-stigmatization of Mental Illness, Toronto, Canada.

Wakin, A. & Vo, D.B. (2008, February). Love-Variant: Limerence. Paper presented at the meeting of American Association of Behavioral & Social Sciences, Las Vegas, NV.

Wakin, A. & Vo, D.B. (2008, March). Love-Variant: the Wakin-Vo I.D.R. Model of Limerence. Paper presented at the meeting of Persons, Intimacy, and Love Conference, Vienna, Austria.

PROFESSIONAL DEVELOPMENT

"Can Relational Frame Theory Allow ACT Therapists to Change Clients' Thoughts?" Webinar	06/2016
Trauma-Informed Practice for Domestic Violence Programs, Orlando, FL	06/2015
Orlando VA Summer of Service Open House, Orlando, FL	06/2015
Complex Trauma Symposium, Lake Mary, FL	03/2015
Intimate Partner Violence Assistance Program Training Call, Orlando, FL	03/2015
Intimate Partner Violence Teleconference Training Series, Orlando, FL	03/2015
Interventions and VA Resources for Domestic Violence/Intimate Partner Violence,	

Mental Health Teleconference, Orlando, FL	03/2015
Military Sexual Trauma Webinar, Orlando, FL	02/2015
Military Sexual Trauma & Disability Claims, Teleconference Training Series	02/2015
Sexual Assault Victims' Help-Seeking Experiences Teleconference Training Series, Orlando, FL	12/2014
Cognitive Processing Therapy training at Bay Pines VA, Bay Pines, FL	10/2014
Sexual Assault Victims' Help-Seeking Experiences, Teleconference Training Series	12/2014
Cognitive Processing Therapy, Bay Pines, FL	10/2014
Dialectical Behavior Therapy Workshop, Pocatello, ID	04/2013
Motivational Interviewing Workshop, Pocatello, ID	04/2012

PROFESSIONAL AND ACADEMIC AFFILIATIONS

Association for Behavioral and Cognitive Therapies	8/2016-present
American Psychological Association (APA)	1/2013-present
American Psychological Association of Graduate Students (APAGS) – Campus Representative	1/2013-5/2014
Idaho State University Psychology Graduate Students Association (PGSA)	9/2012-5/2016

LANGUAGES

English – dominant language; **Vietnamese** – native language (Fluent)